

## REQUIRED EQUIPMENT

- A sturdy helmet with a non-elastic chinstrap equipped with a quick release buckle. Helmet should be UIAA rated. Fire type helmets are made for fires and other types of rescues, and are not acceptable for cave rescues.
- Three independent sources of light each capable of allowing safe exit from a cave. The primary light must be helmet mounted.
- Sturdy boots with lug soles.
- Gloves.
- Appropriate rugged clothing for damp, muddy, 50° cave temperature. Layering with polypropylene is advisable.
- A small rugged cave pack suitable for carrying personal supplies underground.
- Small personal first aid kit.
- Three garbage bags.
- Personal food and water for eight hours, to be used during the Mock exercise on Sunday. Food will not be provided in cave on Sunday.
- VERTICAL EQUIPMENT IS NOT REQUIRED FOR THIS COURSE
- ALL GEAR MUST BE CLEANED PRIOR TO CLASS ACCORDING TO THE U.S. FISH & WILDLIFE SERVICE PROCEDURES (SEE TRAINING LINK) <http://www.er-ncrc.org>

If you have any questions about this course please contact:

Scott McCrea  
 Cell: 828-712-7946  
 Email: [scott@swaygear.com](mailto:scott@swaygear.com)

For information on the Eastern Region of the National Cave Rescue Commission or cave rescue in general please contact the ER-NCRC Regional Coordinator:  
 Tony Smith  
 Cell: 540-828-4091  
 Email: [eastern@ncrc.info](mailto:eastern@ncrc.info)

**ORIENTATION TO CAVE RESCUE**  
**April 13-15, 2018**  
**Chimney Rock State Park, NC**



## COURSE OVERVIEW

This Orientation to Cave Rescue Course is being presented by the Eastern Region of the National Cave Rescue Commission and the NC Park Service. The class will take place at Chimney Rock State Park in NC. The Orientation

course material is presented for students who typically include cavers, emergency service personnel and rescue management personnel.

The OCR is an introductory level program which consists of instruction of both classroom and field work in all phases of cave rescue. Some of the items covered in this class are the underground environment, extrication techniques, communication systems, medical management, operations, equipment, documentation, and response systems. The course is conducted over a three day period (typically Friday Night, Saturday and Sunday). The first evening consists of classroom studies. The second day consists of classroom studies and hands on exercises. The third day consists of a carefully staged mock exercise that allows the students the opportunity to actually participate in many of the functions that a cave rescue mission would utilize.

This course is physically demanding. Participants must be in good physical health and must sign a liability waiver. Persons under 18 years of age must contact the Regional Coordinator prior to registering for the class.

The Friday and Saturday portion of this class is being held at the Chimney Rock State Park in the meadow. Students are expected to arrive at 1830HRS on 13April2018 to check in, and show that gear is cleaned. Classes will start as soon as all the student's gear is checked. The Saturday and Sunday portion of the class will start at 0800HRS. The Sunday portion of the class will be at a specific cave that will not be announced until Sunday morning.

The Registration Fee for this course is \$60.00 which will include all course materials. Students will be provided with lunch on Saturday. Please bring anything else that is adequate for your needs.

Saturday lunch will be cold cut sandwiches. If you have dietary concerns please contact the registrar

Limited tent camping is available at the Chimney State Park. Please make your selection during registration. There are hotels/motels nearby in Chimney Rock and Asheville for those wishing for that type of convenience. Hotels are at your own expense.

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Email: [scott@swaygogear.com](mailto:scott@swaygogear.com)



**Registration will be available starting 02/01/2018. You MUST send your completed application along with a check made out to ERNCRC to:**

**ERNCRC  
100 Stephen Circle  
Bridgewater, VA 22812**

**You will receive an email from the registrar stating that you are registered.**

**For Registration issues contact the Registrar: Janet Smith  
Cell: 540-810-8045  
[Email: rocksar02@comcast.net](mailto:rocksar02@comcast.net)**

# \$60

Information about the Course:  
Scott McCrea  
Cell: 828-712-7946  
Email: [scott@swaygogear.com](mailto:scott@swaygogear.com)

**Please register by March 30, 2018 . Registration after this date will require a \$10.00 late fee.**